

Zions Travel Camp Packing List 2022

Note: Please read the travel camp portion of the Parent Handbook found online. Please **label everything** with your child's name and pack into a small duffel bag. Sleeping bag/pad and pillow can be in a separate bag.

In Backpack for Monday

Sack Lunch in reusable lunch bag w/ name

1 Reusable water bottle w/ name*

1 Full bottle SPF 50+ LOTION sunscreen w/ name (no spray sunscreen!)

Up to \$20 spending money (in a bag/wallet labeled with name.)

*Hydration backpacks are great, and a bonus, but don't replace a water bottle.

Needed Items-Label Everything!

Warm Sleeping Bag

Pillow

Flashlight/Headlamp (new batteries or extra batteries in baggie)

Trail Shoes

Secure Water Shoes (Tevaz, Chacos or similar)

1 Sweater/Jacket

2 Warm Pajamas/Sweats/Socks

4-5 Full Changes of Clothes

Toothbrush/Paste (Any other toiletries needed, there are no showers at the campground, but we will be swimming a lot!)

2 Swimsuits/Towel

Life Jacket

Optional Items-Label Everything!!

Single Person Sleeping Pad (we will have a pump available for air mattresses)

Small Blanket

Camping Chair

Hat/Sunglasses

Insect Repellant

Flip flops

Card Games/Books

(Please NO personal tents!!!!)

Electronics/phone policy!!

Campers are **not** allowed to have phones or electronics in camp (with the exception of digital cameras.) We love being a screen-free camp and we feel there are many benefits associated with kids engaging with each other and the environment rather than with their devices.

REMEMBER: Your campers will have access to staff phones if they need/want to contact you. No news is good news! :) Thanks for your cooperation!